

Hampshire Brief Intervention Alcohol Service

Call: 01256 331 316

Fax: 01256 335 946

Email: hampshire.bias@phoenix-futures.org.uk

View: www.phoenix-futures.org.uk

Other drug and alcohol agencies in Hampshire

Aldershot Phoenix Futures: 01256 358 753

Andover CRi: 01264 339 833

Basingstoke Phoenix Futures: 01256 358 753

Eastleigh Society of St James: 02380 612 465

Fareham/Gosport Phoenix Futures: 01329 237 014

Havant Phoenix Futures: 02392 492 628

New Forest Society of St James: 01590 688 448

Winchester CRi: 01962 870 818

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Our Hampshire Brief Intervention Alcohol Service

Who we are

Phoenix Futures is a leading provider of services for people with drug and alcohol problems. We offer services within community, prison and residential settings in England and Scotland.

Who is our service for?

It is *solely* aimed at non-dependent drinkers whose alcohol use has become hazardous or harmful to their health. Therefore we are unable to take on referrals classed as dependant drinkers for this particular service

What is hazardous of harmful drinking?

Hazardous drinking:

- Is a level of alcohol consumption or a pattern of drinking which carries a risk of harmful consequences for the drinker or others.
- Men drinking at hazardous levels will consume 22-50 units per week.

Harmful drinking:

- Is a pattern of drinking that causes damage to health, either physical or mental.
- A diagnosis of harmful drinking means that harm has already been caused by alcohol use.
- Men drinking at harmful levels will consume over 50 units per week and women will consume over 35 units per week.

How does the service work?

The brief interventions provided by the service consist of structured conversations which motivate and support a client in thinking about and/or planning behaviour change.

An emphasis is placed on building confidence, taking responsibility, providing information/ advice and setting goals for reducing alcohol intake.

Who can refer to the service?

Referrals are accepted from various sources. These include:

- GPs, Nurses, Midwives, Health visitors and Hospital staff
- Police staff, Probation officers, Magistrate's Courts
- Housing Associations, Support agencies
- Self referral by client

What area does the service cover?

The service covers:

- Gosport
- Fareham
- Havant
- Winchester

How do I refer?

There is a specific referral form for Hampshire Brief Intervention Alcohol Service.

If you require a referral form, please contact the team by phone on: 01256 331 316 or email them to hampshire.bias@phoenix-futures.org.uk

Completed forms should be faxed to: 01256 335 946

What happens next?

The service will make contact with the client and arrange a convenient appointment time for initial screening and assessment.