HOW WE WORK:

We work in partnership with treatment providers and statutory services to support people to create support plans. We work with the people that use our services to develop their strengths while identifying areas of their lives they would like to improve, providing practical support and guidance.

We strive to create positive communities within our housing services. People who live in our houses are supported by the community, they take part in activities, plan events and play an active role in the day to day running of the household including participating in weekly house meetings. We also accept people who are abstinent from illegal substance misuse who are being maintained on 'low levels' of substitute medications and who are looking to reduce their dependency further.

WHAT WE DO:

Our Abstinent Houses focus on working with people who need support to maintain their abstinence while gaining the skills and confidence required to obtain and sustain independent accommodation.



HOW TO APPLY FOR ACCOMMODATION AND SUPPORT:

For referral guidance or further advice, please contact a member of our team on:

OFFICE O191 2738974

161–163 Strathmore Crescent, Benwell, Newcastle upon Tyne. NE4 8UA

Phoenix Futures is a registered charity in England and Wales (No 284880) and in Scotland (No SCO39008); Company Limited by Guarantee Number 1626869; Registered Provider of Social Housing with Homes England (H3795).

TYNESIDE RESETTLEMENT SERVICE

ABSTINENT HOUSING





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WHO WE ARE:

We provide residential, community, supported housing and prison services across across the U.K., offering group work, one-to-one sessions, and peer support to aid people on their journey of recovery.

We believe in being the best, we are passionate about recovery and we value our history and use it to inform our future.

OUR AIMS:

Our skilled and dedicated team work with people who have a desire to change their pattern of behaviour and substance use.

We do this by supporting people to address lifestyle, health, social and criminal justice issues, empowering them to make and sustain positive change and reintegrate into the wider community.

YOUR ACCOMMODATION:

- A safe, supportive environment for people to live and focus on their recovery
- Single, furnished bedrooms
- Communal bathroom, kitchen and lounge facilities
- A dedicated team available
 Monday Friday
- · Access to 24 hour on call support

YOUR RECOVERY:

- One to one support and action planning
- · Drug and alcohol testing
- Drug and alcohol support and advice
- \cdot Crisis and relapse management
- · Emotional support
- · Access to treatment services

YOUR DEVELOPMENT:

- · Practical advice and support
- · Life skills development
- Support to access education, training and employment opportunities
- · Benefit advice
- · Support network development
- Access to our Recovery Through Nature Programme

YOUR MOVE ON:

- Support to identify and access suitable move on accommodation
- · Pre-tenancy training
- · Tenancy support and advice

LENGTH OF SUPPORT:

Depending on your needs, accommodation and support will be available for 12 months. We will continue to offer ongoing advice and guidance after you have moved on from the service.