

ESSEX ALCOHOL RECOVERY COMMUNITY

For those who are drinking dependently and may not be able to stop drinking, or wish to access further treatment in their recovery Detoxification and Community/Residential Rehabilitation may be an option.

Essex ARC can support clients to work towards accessing detox and community/residential rehab treatment services. This is a process that incorporates clients attending regular structure group sessions, working with their Case Manager, completion of relevant applications, personal statements and regular engagement with partner agencies. When these stages of the process have been reached, the case is taken to an independent panel to look at how the criteria has been met and to look at any funding options.

Clients working towards these goals will be supported by their Case Manager and partnership agencies to look at what may be suitable to a client's individual need based on their physical health, mental health, living arrangements and preference of treatment.

Whilst this is a lengthy process and involves dedication and hard work, we are fortunate to have access to this type of treatment in Essex, however this route is not for everyone and other treatment options are available.

MORE INFORMATION ON THIS PATHWAY CAN BE DISCUSSED WITH YOUR CASE MANAGER OR AT THE TIME OF ASSESSMENT FOR ACCESSING ESSEX ARC.