



Wirral Residential Service

Service Guide

Our Wirral Residential Service is based in a large Edwardian house with extensive grounds, in a quiet, suburban setting close to Liverpool.

Here we provide a safe, supportive and structured environment, in which service users participate in a programme designed to address the underlying causes of their substance misuse.

Our team of therapeutic workers provide one-to-one support and a comprehensive group work programme to equip individuals with the skills to live a drug and alcohol free life.

For lovers of the outdoors, our Wirral service offers gardening activities and the opportunity to look after a range of animals, including cats, rabbits and guinea pigs. Service users also have the opportunity to attend a "recovery through nature" programme.

On-site kennels

A unique aspect of our Wirral Residential is that service users can also bring their dogs into treatment with them. The dogs are housed in purpose-built, on-site kennels and are cared for by service users and staff.

Prison Fast Track Programme

We run a specialist Prison Fast Track Programme that takes prisoners directly on release from prison. This allows prisoners to be released early and to work on their substance misuse within the community.



84% detox completion rate (2018)

Beds: 35 beds

Provides for: People aged 18 years or over experiencing drug and alcohol problems

Treatment: Therapeutic Community model, one-to-ones, person-centred planning, cognitive behavioural therapy, life story work, full group work programme, solution focused brief therapy, motivational interviewing and complementary therapies

Programmes:

- Flexible programmes from 3 to 12 months
- Recovery Housing and Resettlement Programme available

Features of the service:

- On-site IT suite
- On-site relaxation/therapy room
- On-site facilities, including kennels, gym, pool table, karaoke machine, games console, TV and DVD player, and BBQ area
- Original ballroom used for events e.g. plays, music bands
- Off-site activities may include Recovery through Nature, football, swimming, cinema trips, conservation trips and events e.g. recovery games and Phoenix annual sailing project
- Relaxation sessions, alternative therapies and creative writing
- One-to-one counselling, specialising in sexual abuse and grief/bereavement from the Rape and Sexual Abuse Centre, Liverpool
- Benefits advice and personal budgeting support
- A range of educational and training courses provided both on-site and in the local community
- Welcome House used for new residents, allowing them to settle in to the programme in a smaller community

“Phoenix provides a safe, supportive environment where people have a chance to change their behaviour to live a clean and healthy lifestyle”

Karen - Wirral Residential service user

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To make a referral or talk to one of our team
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